

FLASH Lessons

DeKalb County School District ~ Middle School

Recommendations for 6th Grade Implementation:

- Lessons in **red** can be found online and in the new curriculum book, lessons in black are only found in your original curriculum book
- 10 lessons taught during 10 consecutive school days for a two-week sexual health education unit
- Implement lessons from both FLASH 4/5/6 and FLASH 7/8
- Administer pre-test to record baseline of knowledge and a posttest to measure intended increases in knowledge and improvements in attitude about sexual health
- Incorporate GCAPP lesson adaptations to increase engagement
- Family homework assignments are optional; use good judgment & discretion to determine which assignments to assign

	Curriculum	Lesson #	Lesson Title	Notes/Materials Needed
Day 1	FLASH 4/5/6	1	Pre-Test & Introductory Class	Introduce Anonymous Question Box
Day 2	FLASH 4/5/8	3 & 5	Self-Esteem & Friendship	Two short lessons in one day
Day 3	FLASH 4/5/6	6	Decision-Making	
Day 4	FLASH 4/5/6	7	Sexual Exploitation - Day 1	
Day 5	FLASH 7/8	2 & 3	Puberty	
Day 6	FLASH 7/8	6 & 7	Reproductive System & Pregnancy	Updated FLASH lesson!
Day 7	FLASH 7/8	8 & 9	Gender Identity and Sexual Orientation	Updated FLASH lesson!
Day 8	FLASH 7/8	16	Communication: The Basics	
Day 9	FLASH 4/5/6	17	HIV/AIDS: Year 2, Day 1	
Day 10	FLASH 7/8	----	Review & Posttests	Anonymous Question Box (final Q&A session)

Recommendations for 7th Grade

- 9 lessons taught during 10 consecutive school days for a two-week sexual health education unit
- Implement lessons from FLASH 7/8
- Administer pre-test to record baseline of knowledge and a posttest to measure intended increases in knowledge and improvements in attitude about sexual health
- Incorporate GCAPP lesson adaptations to increase engagement
- Family homework assignments are optional; use good judgment & discretion to determine which assignments to assign

	Curriculum	Lesson #	Lesson Title	Notes/Materials Needed
Day 1	FLASH 7/8	1	Pre-Test & Introductory Class	Introduce Anonymous Question Box
Day 2	FLASH 7/8	2 & 3	Sexual Health & Hygiene	
Day 3	Optional Lesson	-----	Decision-Making Video Clips: What Would You Do?	This is an alternative lesson recommended by GCAPP
Day 4	FLASH 7/8	4	Preventing STDs	Updated FLASH lesson!
Day 5	FLASH 7/8	6 & 7	Reproductive System & Pregnancy	Updated FLASH lesson!



Day 6	FLASH 7/8	17 & 19	Saying No	Updated FLASH lesson!
Day 7	FLASH 7/8	21	HIV/AIDS: Basic Facts	
Day 8	FLASH 7/8	22	HIV/AIDS: Understanding Risk Behaviors	
Day 9	FLASH 7/8	----	Review & Posttests	Anonymous Question Box (final question and answer session)

Recommendations for 8^h Grade

- 9 lessons taught during 10 consecutive school days for a two-week sexual health education unit
- Implement lessons from FLASH 7/8
- Administer pre-test to record baseline of knowledge and a posttest to measure intended increases in knowledge and improvements in attitude about sexual health Monkey
- Incorporate GCAPP lesson adaptations to increase engagement
- Family homework assignments are optional; use good judgment & discretion to determine which assignments to assign

	Curriculum	Lesson #	Lesson Title	Notes/Materials Needed
Day 1	FLASH 7/8	1 & 7	Pre-Test & Introductory Class Quick review of Reproductive System	Introduce Anonymous Question Box
Day 2	FLASH 7/8	5	Preventing STDs	Updated FLASH lesson!
Day 3	FLASH 7/8	10 & 11	Rules of Dating	Updated FLASH lesson!
Day 4	Common Sense Media	----	Sexting Lesson	This is a non-FLASH lesson recommended by GCAPP – can be found online at
Day 5	FLASH 7/8	14	Birth Control Methods	Updated FLASH lesson!
Day 6	FLASH 7/8	19 & 20	Communication: Saying “No” and Communication: Defending Your Rights	
Day 7	FLASH 7/8	22 & 23	HIV/AIDS: Influence of Alcohol and Other Drugs HIV/AIDS: Understanding Risk Behaviors	
Day 8	FLASH 7/8	24	HIV/AIDS: Rights & Responsibilities	
Day 9	FLASH 7/8	----	Review & Posttests	Anonymous Question Box (final question and answer session)

